# HA Go
# 『糖訊通』應用程式簡介
# "DM Care" App Introduction

Version 1.0
Update on Dec 2022

如何進入『糖訊通』應用程式簡介？
How to access "DM Care" app？

# 在醫管局接受糖尿科服務的 HA Go 正式會員
# HA Go full members receiving HA Diabetic Care Services



**登入HA Go**
Login HA Go to access

**『糖訊通』已推送至常用服務**
"DM Care" will be added to
"Frequently Used Services" automatically.

**啟動『糖訊通』**
"DM Care" launched

功能
**Features**

主頁

DM Care 糖訊通

下一個提示

3:30 下午 | 請測試血糖值 　55分鐘後

推薦文章　　　　　更多 >

2 型糖尿病

糖尿病

小工具

加入飲食日記

＋ 新增紀錄

主頁　　飲食日記　　糖尿資訊　　提示功能

顯示已設定最近將到期的下一個提示
Banner display for the next reminder that set in reminder module by user.

推薦文章
　1.　醫護人員推送個人化糖尿病資訊
　2.　『糖訊通』一般糖尿病資訊
Recommended article:
　1.　Prescribed content via HA Go Prescription
　2.　General content, i.e. come with DM Care app

快捷進入飲食日記存入個人飲食紀錄
及可翻閱當天存入的紀錄
Quick add Food Diary and view today's record.
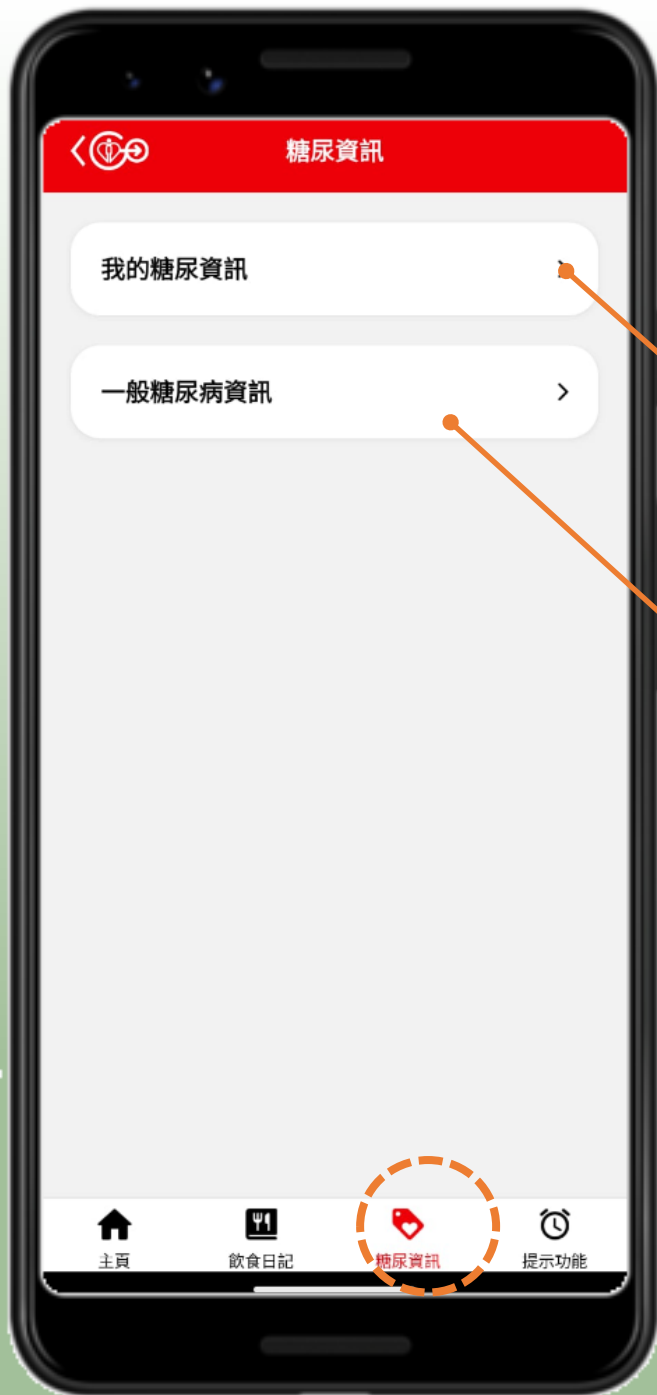
紅點表示有已存入飲食日記
Red dot indicates food diary is available

可查閱已存入的飲食日記紀錄
Review the previous saved food diary records.

存入個人飲食日記紀錄
Add Food Diary record.

醫護人員會按病者情況處方相關糖尿資訊，並會放在『我的糖尿資訊』
Health professionals will prescribe Diabetic education information will be placed in "My DM Info Content".

固有的普遍糖尿資訊會放在『一般糖尿資訊』
"General Content" will contain general Diabetic information that come with DM Care App.

提示功能

提示類別
- 量度血糖提示
- 用藥提示
- 飲食提示
- 其他事項

**"Reminder" Type**
- Blood Glucose Monitoring Reminder
- Medication Reminder
- Diet Reminder
- Miscellaneous

透過『糖訊通』你可以記錄個人飲食日記及預設各類提示，如：血糖監察，服藥或飲食等。除了一般糖尿病資訊，你還可以瀏覽醫護人員處方的個人糖尿病相關資訊以提升自我管理。

**With the app, you can record food diary and set reminder for the activities that related to diabetic self-care. In addition, you can review the personalized diabetics information that was prescribed by health professionals as well as general diabetic information. DM Care app is used to promote the chronic disease self-management.**